

UK child and family mental health during the COVID-19 pandemic

Pete Lawrence,
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Parents/carers of children and young people aged 4-16: www.cospaceoxford.com/survey

Parents/carers of children aged 2-4: www.cospyce.org/survey

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C^o-SPACE study

COVID-19: Supporting Parents, Adolescents
and Children during Epidemics

C^o-SPYCE study

COVID-19: Supporting Parents and Young
Children during Epidemics

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Manar Lamzini
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COSPYCE study

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Polly Waite
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Cathy Creswell
Principal Investigator



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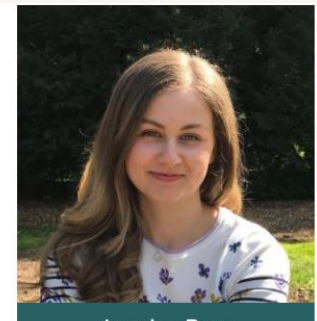
Chloe Dickel
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01 About the Co-SPACE Study

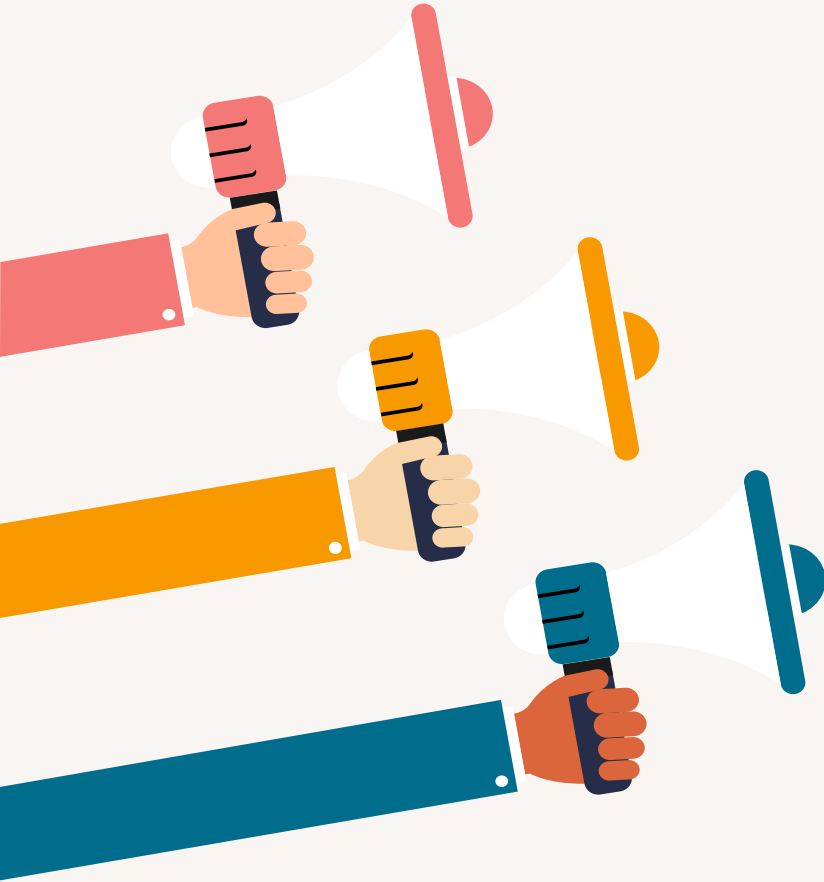
02 Findings so far

03 Using our findings

01 About the Co-SPACE Study (1/2)

WHO?

Parents / carers with children (aged 2 – 16 years) living in the UK



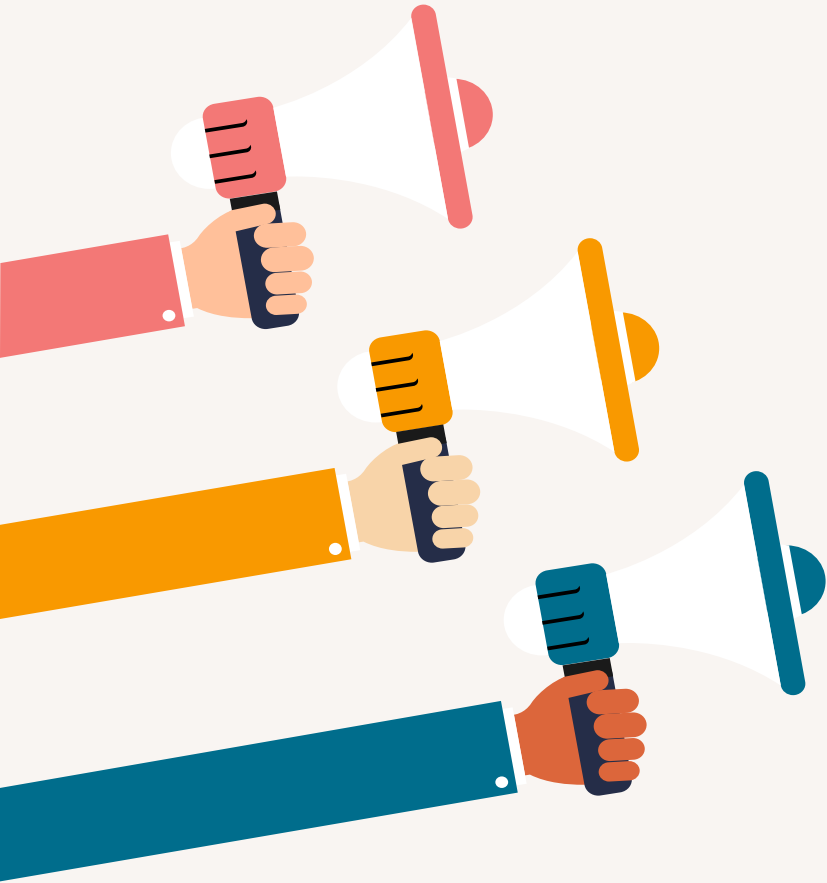
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01 About the Co-SPACE Study (1/2)



WHO?

Parents / carers with children (aged 2 – 16 years) living in the UK

WHAT?

Online surveys (monthly follow-up) and interviews

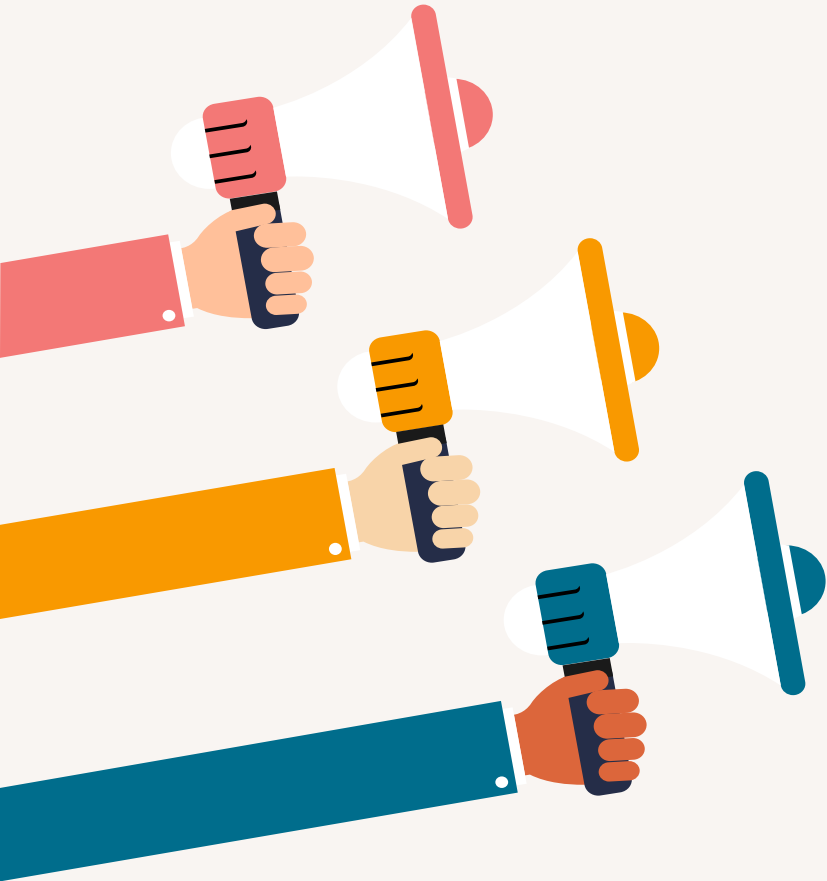
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01 About the Co-SPACE Study (1/2)



WHY?

- To understand what protects children from deteriorating mental health during the COVID-19 pandemic

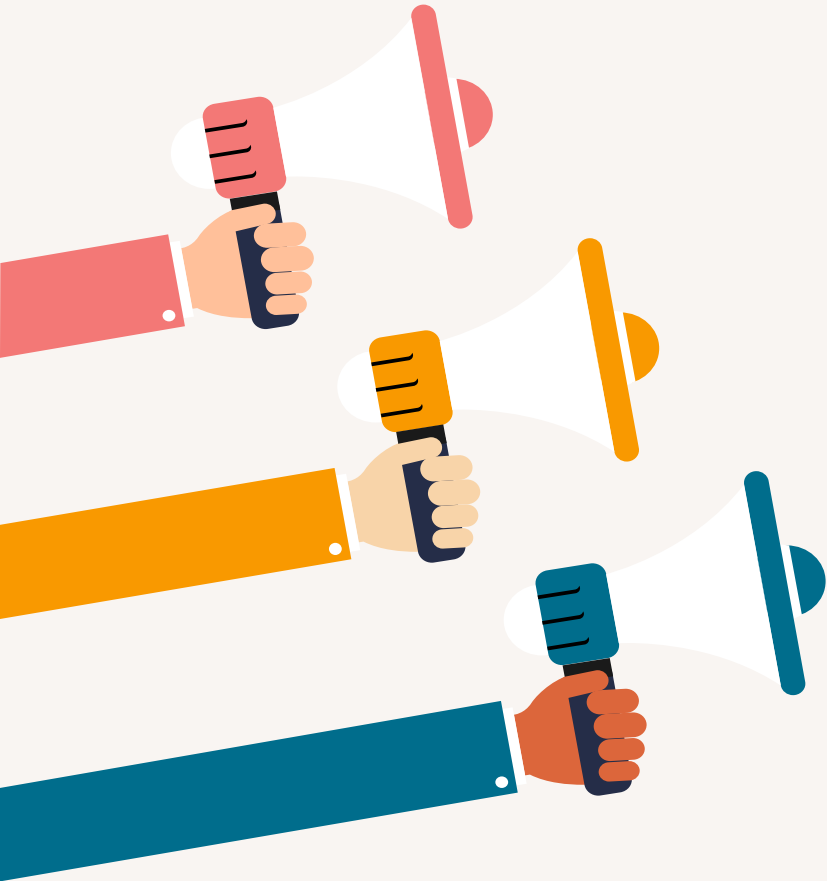
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01 About the Co-SPACE Study (1/2)



WHY?

- To understand what protects children from deteriorating mental health during the COVID-19 pandemic
- To support families by sharing our findings with policy makers and organisations.



Parents/carers of children aged 2-4: www.cospyce.org/survey

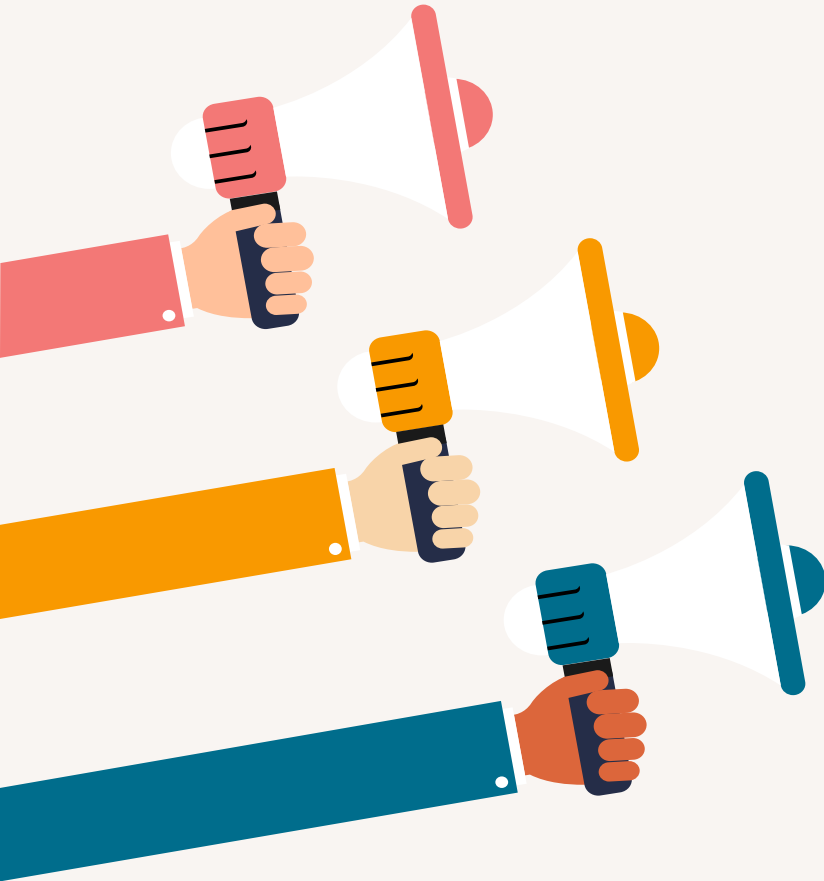
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01 About the Co-SPACE Study (1/2)

THIS EVENING



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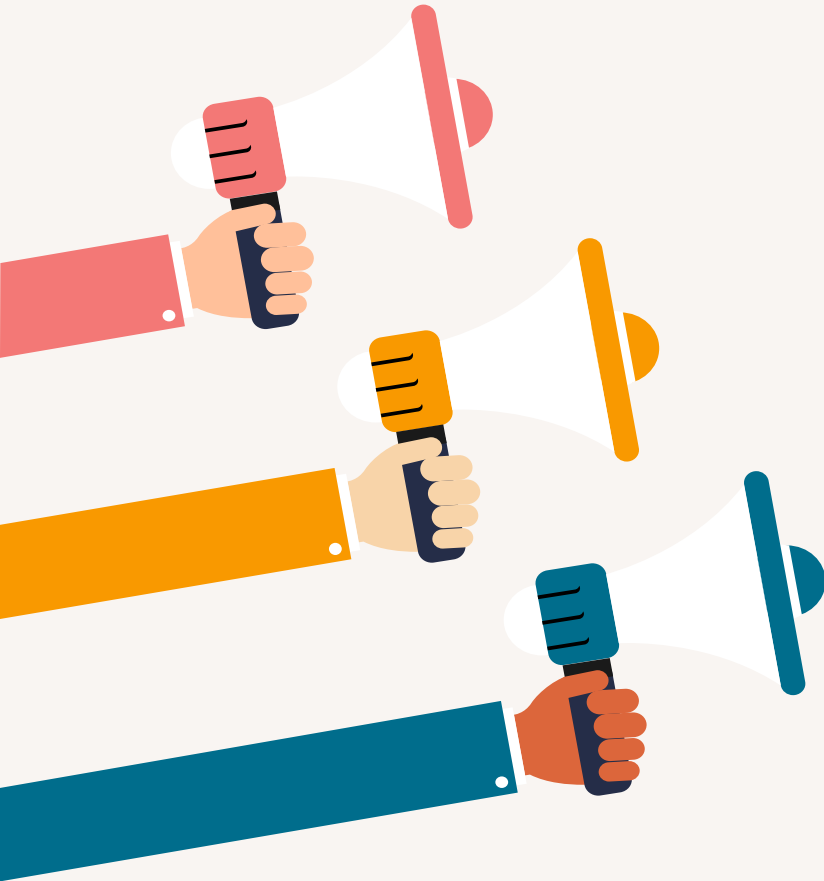
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01 About the Co-SPACE Study (1/2)

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Co-SPYCE study

COVID-19: Supporting Parents and Young Children during Epidemics

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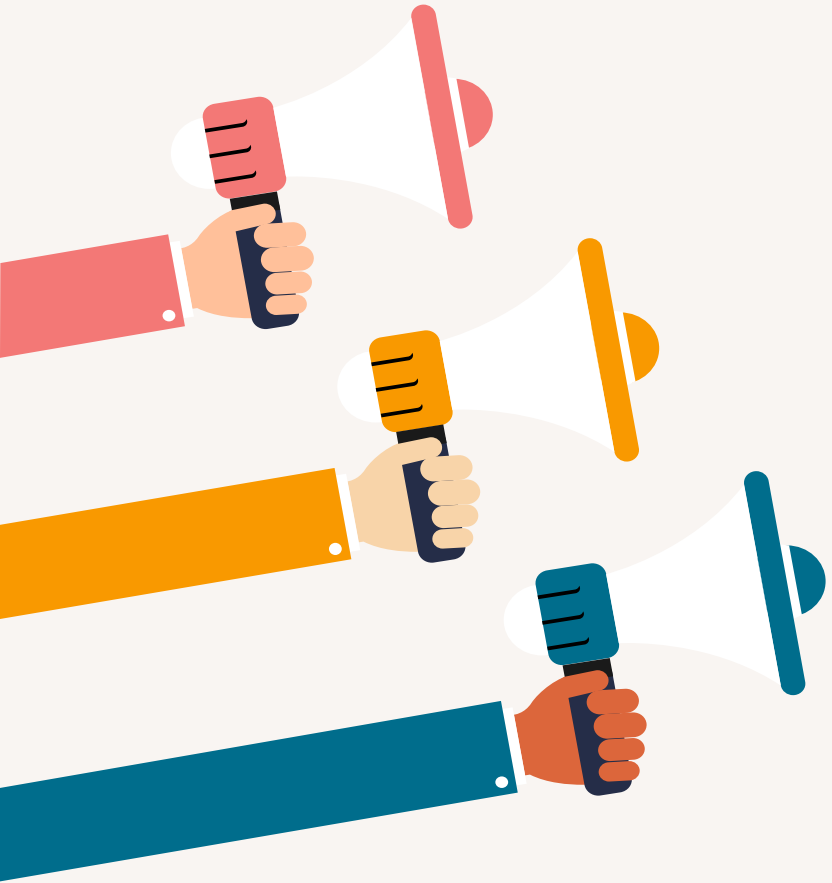
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01 About the Co-SPACE Study (1/2)

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01 About the Co-SPYCE Study (2/2)

HOW WE'VE RECRUITED OUR SAMPLE.

- Social media (Twitter, Facebook, Instagram)



Parents/carers of children aged 2-4: www.cospyce.org/survey

Parents/carers of children and young people aged 4-16: www.cospaceoxford.com/survey

01 About the Co-SPYCE Study (2/2)

HOW WE'VE RECRUITED OUR SAMPLE.

- Social media (Twitter, Facebook, Instagram)
- Organizations and charities



NO BIAS. NO MISINFORMATION. NO SPIN.
JUST WHAT YOU NEED!

The Mental Elf



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01 About the Co-SPYCE Study (2/2)

HOW WE'VE RECRUITED OUR SAMPLE.

- Social media (Twitter, Facebook, Instagram)
- Organizations and charities
- Media (News, articles, radio)



Authors



Helen Dodd
Professor of Child Psychology,
University of Reading

THE CONVERSATION

Academic rigour, journalistic flair

Search analysis, research, academics...

COVID-19 Arts + Culture Business + Economy Cities **Education** Environment + Energy Health + Medicine Politics + Society Science + Technology



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Parents/carers of children and young people aged 4-16: www.cospaceoxford.com/survey

02 Findings so far (1/6)

April – May
~1700 parents / carers



Parents/carers of children aged 2-4: www.cospyce.org/survey

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02 Findings so far (2/6)

April – May
~1700 parents / carers



Parents/carers of children aged 2-4: www.cospyce.org/survey

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02 Findings so far (3/6)

April – May
~1700 parents / carers



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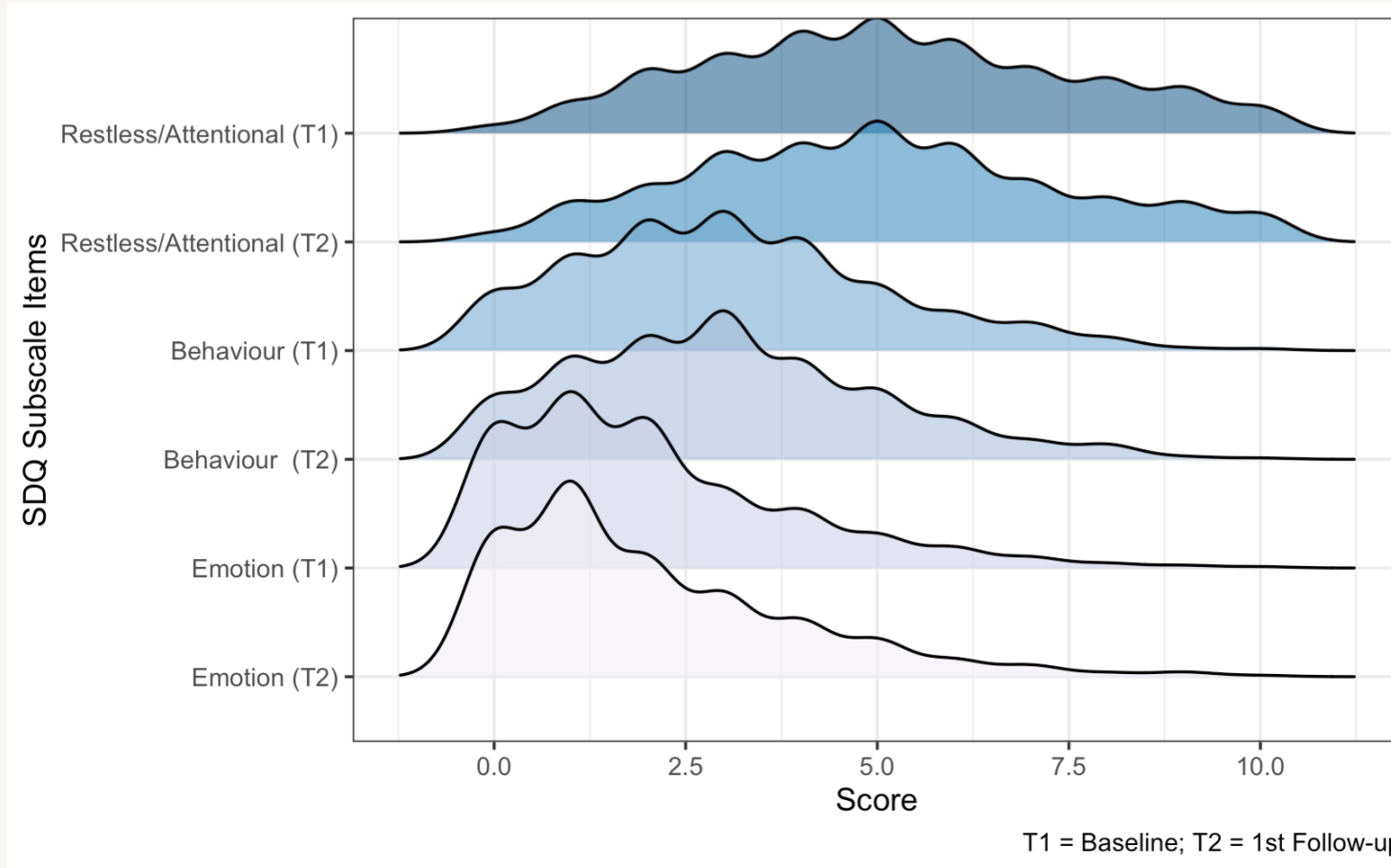
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02 Findings so far (4/6)

April – July
~1000 parents / carers



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Parents/carers of children and young people aged 4-16: www.cospaceoxford.com/survey

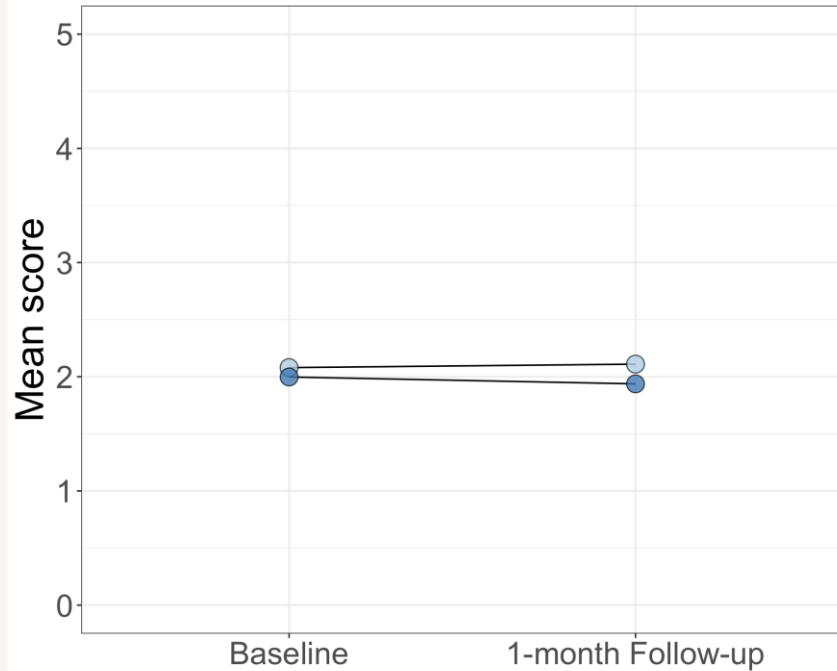


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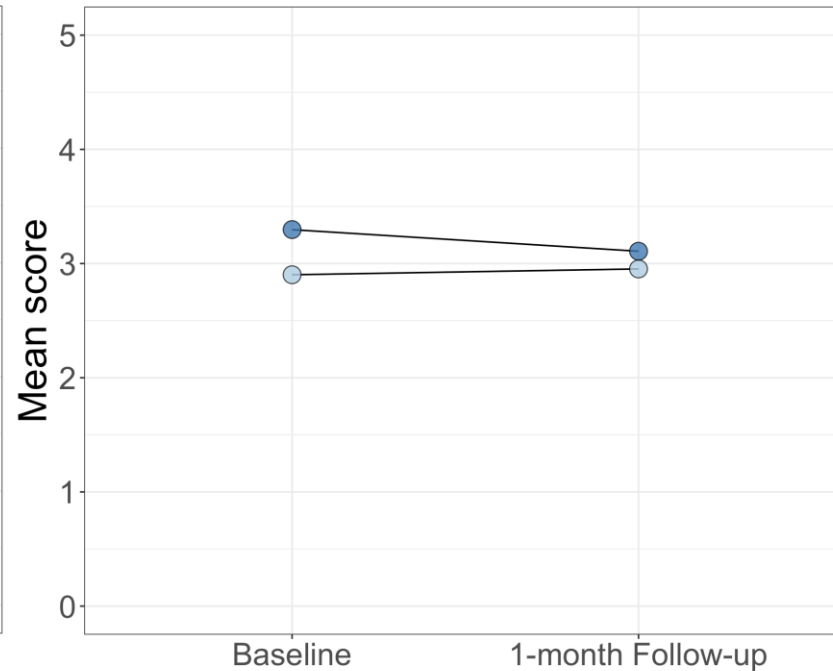
02 Findings so far (5/6)

April – July
~1000 parents / carers

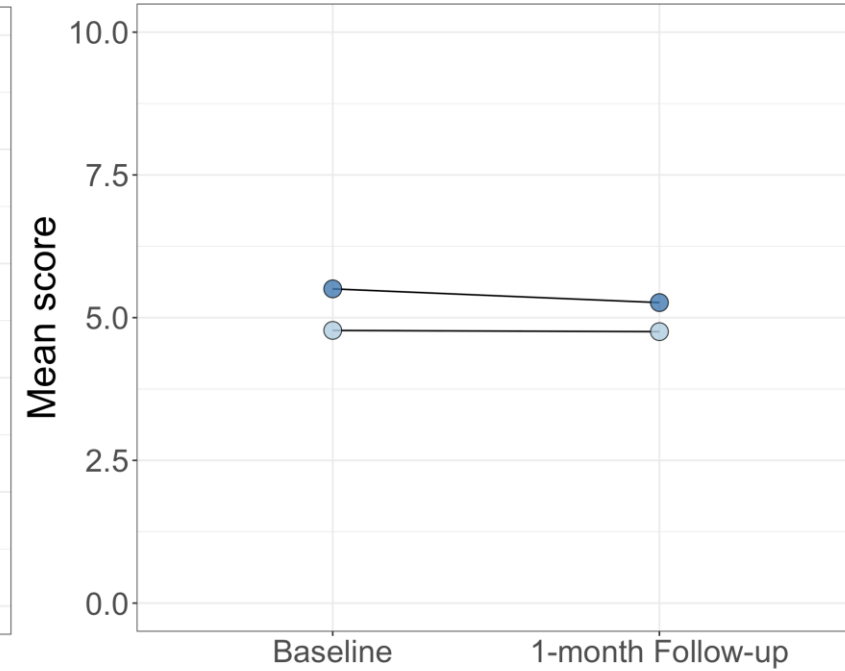
Emotion Score



Behavioural Score



Restless/Attentional Score



Child gender ● Female ● Male

Parents/carers of children aged 2-4: www.cospyce.org/survey

Parents/carers of children and young people aged 4-16: www.cospaceoxford.com/survey

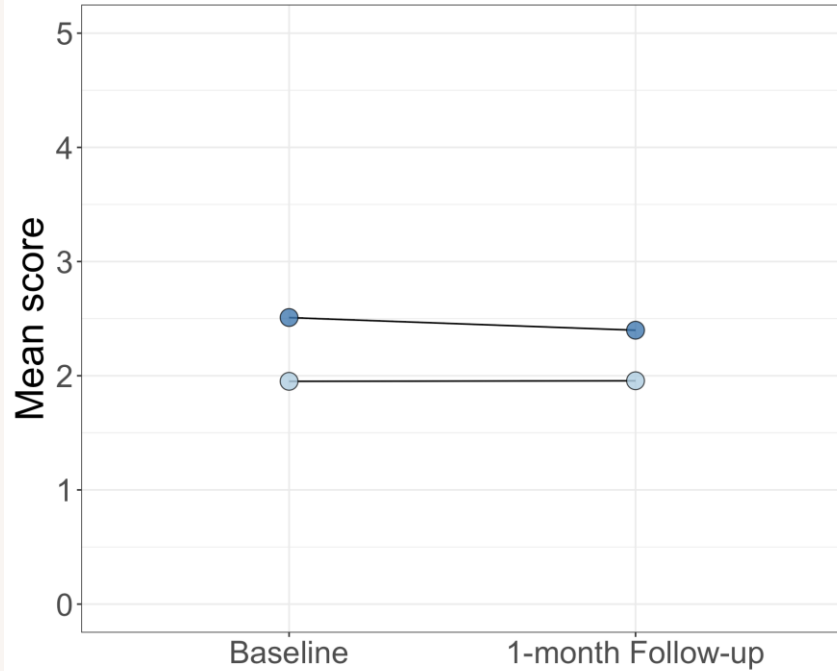


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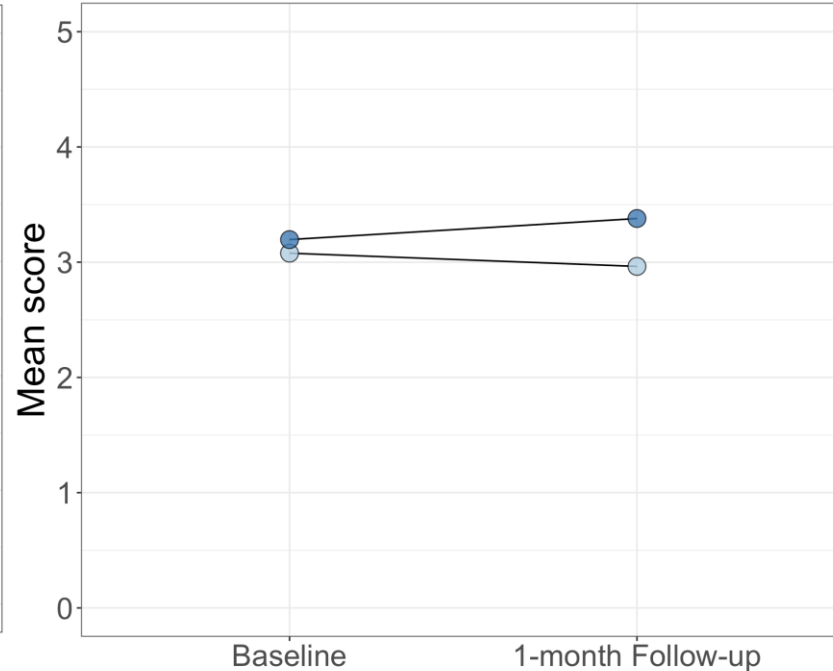
02 Findings so far (6/6)

April – July
~1000 parents / carers

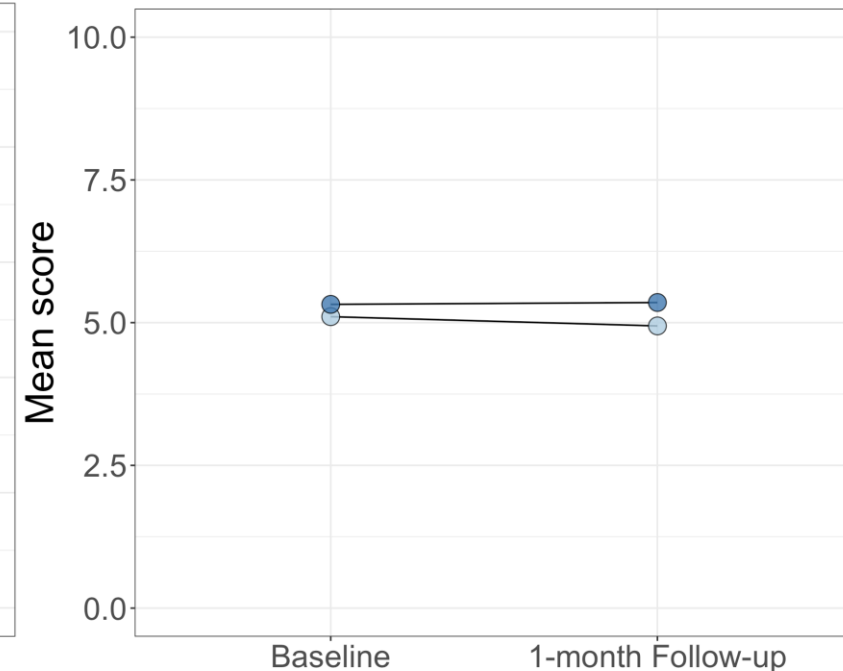
Emotion Score



Behavioural Score



Restless/Attentional Score



Employment status ● Employed ● Not employed

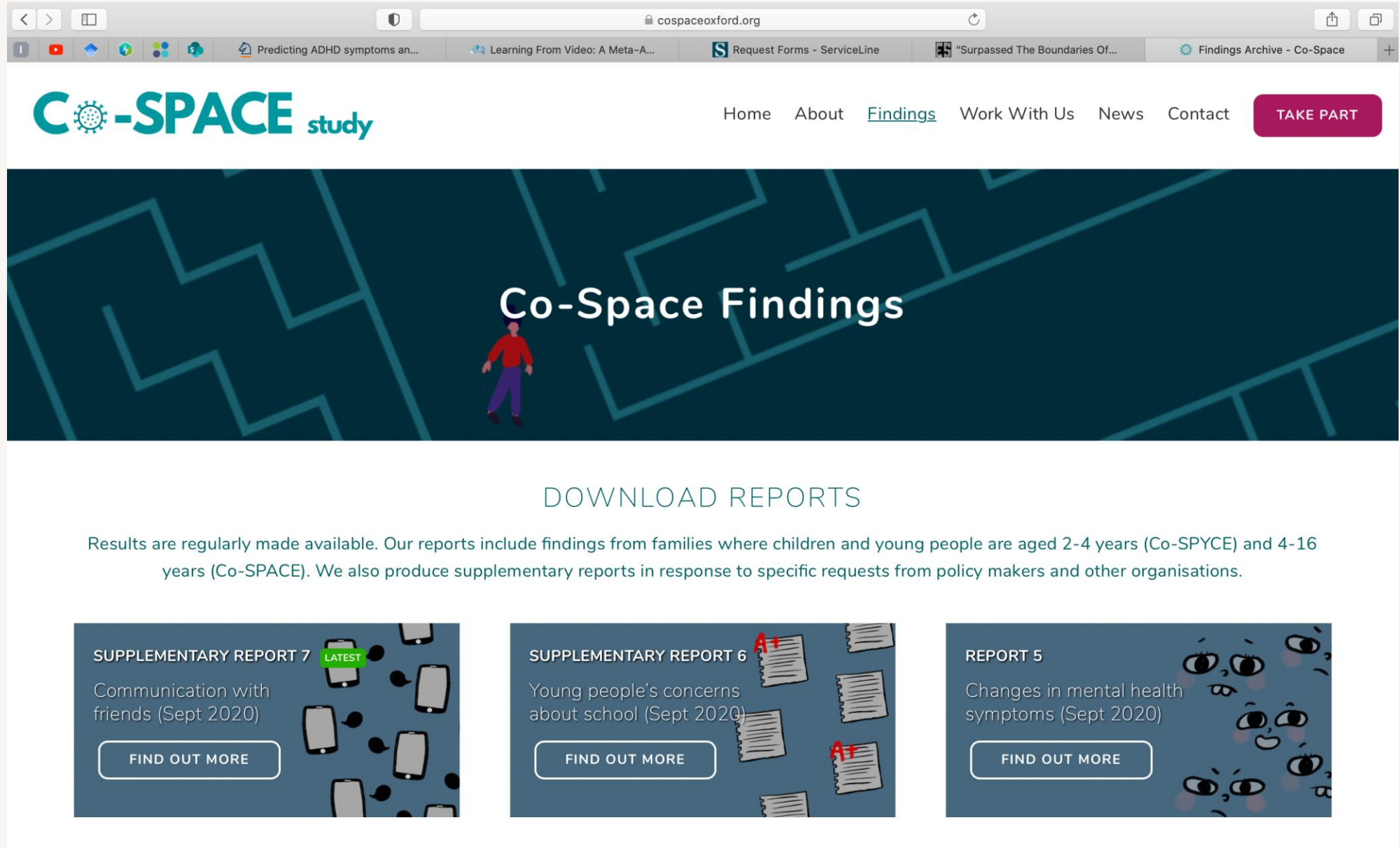
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03 Using our findings



The screenshot shows a web browser window with the URL cospaceoxford.org. The browser's address bar and tabs are visible at the top. The website's header features the Co-Space logo on the left and a navigation menu on the right with links for Home, About, Findings, Work With Us, News, and Contact. A prominent purple button labeled 'TAKE PART' is positioned to the right of the navigation menu. The main content area has a dark blue background with a white maze pattern and a small illustration of a person in a red shirt and purple pants. The text 'Co-Space Findings' is centered in white. Below this, the heading 'DOWNLOAD REPORTS' is displayed in a light blue font. A paragraph of text explains that results are regularly made available and that reports include findings from families where children and young people are aged 2-4 years (Co-SPYCE) and 4-16 years (Co-SPACE). It also mentions supplementary reports in response to specific requests from policy makers and other organisations. Three report cards are shown in a row, each with a 'FIND OUT MORE' button. The first card is for 'SUPPLEMENTARY REPORT 7' (marked 'LATEST') titled 'Communication with friends (Sept 2020)'. The second card is for 'SUPPLEMENTARY REPORT 6' titled 'Young people's concerns about school (Sept 2020)'. The third card is for 'REPORT 5' titled 'Changes in mental health symptoms (Sept 2020)'. The report cards have decorative backgrounds: the first shows smartphones, the second shows papers with red 'A+' grades, and the third shows cartoon faces.

Home About [Findings](#) Work With Us News Contact [TAKE PART](#)

Co-Space Findings

DOWNLOAD REPORTS

Results are regularly made available. Our reports include findings from families where children and young people are aged 2-4 years (Co-SPYCE) and 4-16 years (Co-SPACE). We also produce supplementary reports in response to specific requests from policy makers and other organisations.

SUPPLEMENTARY REPORT 7 LATEST

Communication with friends (Sept 2020)

[FIND OUT MORE](#)

SUPPLEMENTARY REPORT 6

Young people's concerns about school (Sept 2020)

[FIND OUT MORE](#)

REPORT 5

Changes in mental health symptoms (Sept 2020)

[FIND OUT MORE](#)

03 Using our findings

The screenshot shows a web browser window with the URL cospaceoxford.org. The browser's address bar and tabs are visible at the top. The website header features the **COSPACE study** logo on the left and navigation links for [Home](#), [About](#), [Findings](#), [Work With Us](#), [News](#), and [Contact](#) on the right. A pink **TAKE PART** button is also present. The main content area displays a video of Pete Lawrence, a man with glasses and a beard, wearing a dark vest over a light-colored shirt. The video includes the **itv NEWS MERIDIAN** logo and a lower-third graphic that reads: **PETE LAWRENCE**, Lecturer in Clinical Psychology. Below the video, there are three buttons labeled **FIND OUT MORE**. The background of the video shows a wall with a colorful, abstract artwork.

03 Using our findings



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Tuesday
20 October 2020

Southam...

Now
17°C

16:00	19:00	22:00
17°C	16°C	16°C

'Scarred for life' / Sage experts warn of impact of Covid policies on the young

Government accused of failing to protect Generation Z from harm caused by pandemic response



Greater Manchester / Leaders set to ask for £75m support

Live UK coronavirus: Greater Manchester deadline passes without deal announcement

The warnings have been echoed by a host of eminent child specialists. They include: [Cathy Creswell](#), professor of developmental clinical psychology at Oxford and lead of the [Co-Space study](#) into how families are coping during

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The screenshot shows a web browser window with several tabs open, including 'Predicting ADHD symptoms an...', 'Learning From Video: A Meta-A...', 'Request Forms - ServiceLine', '"Surpassed The Boundaries Of...', and 'Findings Archive - Co-Space'. The main content is a YouTube video player. The video title is 'Pete Lawrence: Co-Spyce study (Covid-19: Supporting parents and young children during epidemics)'. The video player shows a progress bar at 0:00 / 11:42 and a 'MORE VIDEOS' button. The video content features a colorful background with the text 'Emerging Minds' and 'Pete Lawrence The Co-Spyce study (Covid-19: Supporting parents and young children during epidemics)'. A circular logo for 'The Mental Elf' is visible in the top left corner of the video frame.

include: Cathy Creswell, professor of developmental clinical psychology at Oxford and lead of the Co-Space study into how families are coping during

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COVID-MINDS.

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COVID-MINDS NETWORK

Global mental health in the Covid-19 pandemic

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State of the nation 2020: children and young people's wellbeing

Research report

October 2020

Department for Education



Department
for Education

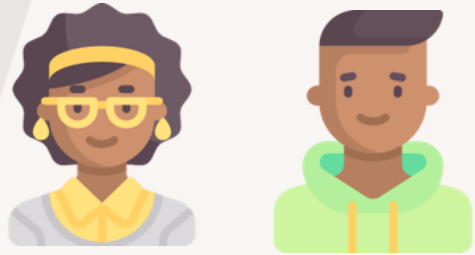


Government
Social Research

Oxford and lead of the Co-Space study into how families are coping during

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Black, Asian, and
Minority Ethnic (BAME)
groups



Lower income
households



Single parents

Qualitative interviews with parents, young people and key stakeholders



Key workers



Children and parents/carers who
have mental health or physical health
conditions

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Thank you for joining us this evening.



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